



Fitbody Fitcamp Location

Hi Fitbody!

Thank you for your interest in Fitbody Fitcamp group personal training sessions. Don't forget your towel, water bottle, enclosed shoes and a big helping of enthusiasm!

Please come down at 5.20 AM Tuesday or Thursday to fill out our Pre-Medical Form.

We meet at Col Bennet Park **Yorrell St Algester**, just off Ridgewood Rd.



Please contact us if you need further help!

We look forward to a fantastic session and remember success is a sum of small efforts repeated day in and day out!

Thank you,

Leigh Fleet and Jason Beck | Certified Personal Trainers

www.fitbodyfitcamp.com

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